



## February 2026 Education Schedule

### Live Virtual:

- 1) The day before the session (Friday for Monday sessions) you will receive an email reminder that includes the link to join the meeting.
- 2) On the meeting date and time, simply go into your email and click on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on "join meeting". You should then be able to view the presentation and hear the presenter.

Date	Topic/Description	Time	Instructions/Registration
Tuesday 3, 2026	<b>Getting Started Virtual</b> - explores what is Dementia, The 8 Common symptoms in Dementia, and how to communicate effectively with someone living with dementia.	6:30-8:00 pm	To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by the day before session, or through a Dementia Resource Consultant, or Care Navigator. Email: <a href="mailto:d.farrell@alzheimerpeel.com">d.farrell@alzheimerpeel.com</a>
Tuesday 10, 2026	<b>Stages and Progression Virtual</b> - Covers brain changes, the 3 and 7 stage models, what scores on the assessments indicate, and tips for each stage.	6:30-8:00 pm	To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by the day before session, or through a Dementia Resource Consultant, or Care Navigator. Email: <a href="mailto:d.farrell@alzheimerpeel.com">d.farrell@alzheimerpeel.com</a>
Tuesday 24, 2026	<b>Meaningful Activities</b> - Covers Montessori techniques, why they are used in dementia care, and how to adapt them for the stage/abilities of a person living with dementia.	6:30-8:00 pm	To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by the day before session, or through a Dementia Resource Consultant, or Care Navigator. Email: <a href="mailto:d.farrell@alzheimerpeel.com">d.farrell@alzheimerpeel.com</a>