



March 2026 Education Schedule

Live Virtual:

- 1) The day before the session (Friday for Monday sessions) you will receive an email reminder that includes the link to join the meeting.
- 2) On the meeting date and time, simply go into your email and click on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click

Date	Topic/Description	Time	Instructions/Registration
Tuesday 3, 2026	Getting Started Virtual - explores what is Dementia, The 8 Common symptoms in Dementia, and how to communicate effectively with someone living with dementia.	6:30-8:00 pm	To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by the day before session, or through a Dementia Resource Consultant, or Care Navigator. Email: d.farrell@alzheimerpeel.com
Tuesday 10, 2026	Understanding Behaviour -Covers what the meaning behind behaviours is, common behavioural triggers, and management strategies.	6:30-8:00 pm	To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by the day before session, or through a Dementia Resource Consultant, or Care Navigator. Email: d.farrell@alzheimerpeel.com
Tuesday 24, 2026	Long Term Care Planning - This session covers signs someone is ready for LTC, triggers for LTC admission, helpful tips for touring LTC Homes, application process and eligibility, priority categories, and transition to LTC tips.	6:30-8:00 pm	To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by the day before session, or through a Dementia Resource Consultant, or Care Navigator. Email: d.farrell@alzheimerpeel.com