



**Alzheimer Society**  
P E E L

## September 2026 Education Schedule

### Live Virtual:

- 1) The day before the session (Friday for Monday sessions) you will receive an email reminder that includes the link to join the meeting.
- 2) On the meeting date and time, simply go into your email and click on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on "join meeting". You should then be able to view the presentation and hear the presenter.

| Date                             | Topic/Description                                                                                                                                                                                                                                                               | Time         | Instructions/Registration                                                                                                                                                                                                                                                  |
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| Tuesday<br>September<br>8, 2026  | <b>Getting Started Virtual</b> - explores what is Dementia, The 8 Common symptoms in Dementia, and how to communicate effectively with someone living with dementia.                                                                                                            | 6:30-8:00 pm | To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by the day before session, or through a Dementia Resource Consultant, or Care Navigator.<br>Email: <a href="mailto:d.farrell@alzheimerpeel.com">d.farrell@alzheimerpeel.com</a> |
| Tuesday<br>September<br>15, 2026 | <b>Advanced Care Planning</b> - explores what is Power of Attorney for Property, what is Power of Attorney for Care, how to set up POA's, what is a Substitute Decision Maker, what to consider/ask when creating advance care plans, Disability Tax Credit, Compassionate Care | 6:30-8:00 pm | To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by the day before session, or through a Dementia Resource Consultant, or Care Navigator.<br>Email: <a href="mailto:d.farrell@alzheimerpeel.com">d.farrell@alzheimerpeel.com</a> |

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| Monday<br>September<br>21, 2026 | <b>Grief, Caregiving and Dementia-</b> Session explores types of grief, presentation of grief, role changes, and coping tips. | 6:00-7:30 PM<br><b>In Person</b> 385<br>Brunel RD<br>Mississauga<br>Please use front door – by front parking lot. Can park in rear lot and walk up to front lot. | To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by the day before session, or through a Dementia Resource Consultant, or Care Navigator.<br>Email: <a href="mailto:d.farrell@alzheimerpeel.com">d.farrell@alzheimerpeel.com</a> |
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