



RAISING VOICES

**An intergenerational
choir of music lovers**

Do you love to sing, or love music in general?

There's a place for you in RAISING VOICES!

The **Mississauga Festival Choir** and **Alzheimer Society Peel** present
Raising Voices: a community choir using music to support memory,
wellbeing, and belonging

This **free weekly community choir** welcomes anyone interested in
supporting memory, wellbeing, and belonging through singing,
including persons living with dementia and their care partners.

BENEFITS INCLUDE:

Improving mental **alertness, memory, and concentration** • Releasing
endorphins, serotonin, and dopamine, the "happy" chemicals in our brains •
Enhancing lung function • Building **a sense of community** • Fostering **new and
old connections** with others • Improving **overall wellbeing** for everyone

ALL ARE WELCOME!

No Auditions! No Experience Necessary!

Wednesday Mornings, 10:00-11:30am

October 7 - November 25, 2026

Family & Friends Concert: Wednesday, December 2, 6:30pm

Weekly rehearsals held at **Amica City Centre**
380 Princess Royal Drive, Mississauga

Register Here



Alzheimer Society
P E E L

MFC
MISSISSAUGA
FESTIVAL CHOIR